

# 2026

# INTRINSIC

School of Dance

# Timetable

## Mondays

	Studio 1	Studio 2
8.50 – 9.40am	Tiny Tots (Active & Healthy Program)	
9.40 – 10.20	Starlets Ballet & Jazz Combo	
3.45 – 4.45pm	Level 2 Jazz & Tap Combo	Funky Kids / Level 1 Jazz & Tap Combo
4.45 – 5.45	Gold Medal Jazz	Senior Tap (Street Beat Extension) (5.00 – 5.45pm)
5.45 – 6.30	Gold Medal Tap	Elementary Jazz (5.45 – 6.45pm)
6.45 – 7.45	Ladies Jazz & Tap Combo	

## Tuesdays

	Studio 1	Studio 2
4.15 – 5.00pm	Junior Ballroom Synchro Team	Bronze Star Ballet (4.00 – 4.45pm)
5.00 – 6.00	Gold Star Ballet	Musical Theatre (4.45 – 5.30pm) (Acting/Singing/Dancing)
6.00 – 7.00	Adults Ballet (Active & Healthy Program)	Silver Medal Ballet (5.30 – 6.30pm)
7.00 – 8.00	Adults Ballroom/DanceSports (Active & Healthy Program)	Elementary/Advanced Ballet (6.30 – 7.30pm)
8.00 – 8.45	Adults Synchro Ballroom Team	
8.45 – 9.30	Ballroom Private Lessons	

## Wednesdays

	Studio 1	Studio 2
3.45 – 4.30pm	Level 2 Hip Hop	Junior Acrobatics
4.30 – 5.15	Level 3 Hip Hop	Sub-Junior Acrobatics
5.15 – 6.00	Level 7 Hip Hop	Intermediate Acrobatics
6.00 – 6.45	Level 5 Hip Hop	Senior Acrobatics
6.45 – 7.30	Open Hip Hop	

## Thursdays

	Studio 1	Studio 2
4.00 – 4.45pm	Level 3 Ballet	Bronze Star Ballet
4.45 – 5.45	Gold Star Ballet	Intermediate Contemporary (4.45 – 5.30pm)
5.45 – 6.45	Silver Medal Ballet	Senior Contemporary (5.45 – 6.30pm)
6.45 – 7.45	Elementary/Advanced Ballet	

## Fridays

	Studio 1	Studio 2
4.00 – 4.45pm		
4.45 – 5.30	Performance / Private / Make-Up Classes	Performance / Private / Make-Up Classes
5.30 – 6.15		
6.15 – 7.00		

## Saturdays

	Studio 1	Studio 2
8.30 – 9.10am	Starlets Ballet & Jazz Combo	
9.15 – 10.00	Level 2 Ballet	Level 1 Ballet
10.00 – 10.45	Bronze Medal Jazz	Silver Medal Tap
10.45 – 11.45	Silver Medal Jazz	Bronze Medal Tap (10.45 – 11.30pm)